

List of Mental Health Support Providers in Nepal

Kathmandu Valley

1. Department of Psychiatry, Institute of Medicine, Tribhuvan University Teaching Hospital Maharajgunj, Kathmandu, Nepal. Ph: 01-4410911
2. Department of Psychiatry, Kathmandu Medical College Teaching Hospital, Kathmandu, Nepal. Ph: 01-4469064, 01-4476152
3. Department of Psychiatry, Nepal Medical College Teaching Hospital, Kathmandu, Nepal. Ph: 01-4911008
4. Mental Hospital, Lagankhel, Lalitpur. Ph: 01-5521333, 01- 5521612
5. Punarjeevan Hospital , Balkumari , Lalitpur Phone: 01-5006115
6. Tranquility Hospital and Research Centre, Khumaltar, Lalitpur. Phone: +977-01-5544940
7. Rhythm Neuropsychiatry Hospital and Research Cenrte Pvt. Ltd., Ekantakuna, Jawalakhel, Lalitpur. Ph: 01-5000070, 01- 5000711
8. National Academy of Medical Science (NAMS), Bir Hospital. Ph: 01-4221119, 01-4221988

Pokhara

1. Gandaki Medical College, Pokhara. Ph: 61- 538595, 61-550253
2. BG Hospital and Research Centre Pvt. Ltd., Matepani-12, Pokhara, Nepal. Phone: +977-61-538975
3. Manipal College of Medical Sciences, Pokhara. Ph: 61- 526416, 61- 526417, 61-526418

Bharatpur

1. Chitwan Medical College, Bharatpur. Ph: 056- 532933
2. College of Medical Sciences, Bharatpur. Ph: 056- 524203
3. Bharatpur District Hospital, Bharatpur

Bhairahawa

1. Universal College of Medical Sciences, Bhairahawa. Ph: 71- 506138, 71-506030, 71-506121, 71-506092

2. Chautari Nepal Health Foundation, Tillotama, Rupandehi. Ph: 9857035744
3. Devdaha Medical College and Research Institute Pvt. Ltd., Devdaha, Butwal, Rupandehi. Ph: 071-403001, 071-403002, 071-403003

Biratnagar

1. Nobel Medical College, Biratnagar. Ph: 21-460736, 21-461735

Birgunj

1. National Medical College, Birgunj. Ph: 051-417016

Dharan

1. BP Koirala Institute of Health Sciences. Ph: 25-525555, 25-520251

Dhulikhel

1. Department of Psychiatry, Dhulikhel Hospital, Kathmandu University Hospital, 011-490497

Nepalgunj

1. Nepalgunj Medical College, Nepalgunj. Ph: 972-3001626

Palpa

1. Lumbini Medical College Teaching Hospital, Palpa. Ph: 75-520840, 75- 522217

NGO's Working Towards Mental Health Promotion in Nepal

1. TPO Nepal, Baluwatar, Kathmandu. Ph: 01-4431717, 01-4437124
2. CMC-Nepal, Thapathali, Kathmandu. Ph: 01-4102137, 01-4226041
3. Centre for Victims of Torture, CVICT. Ph: 01-4373900, 01-4373902
4. KOSHISH Nepal, Lalitpur, Nepal. Ph: 01-5190103
5. Chhahari Nepal. Ph: 01- 5188374

Note:

- Address and phone numbers of the service providers may change. Please be informed for any changes.
- Nearly all private hospitals in Nepal provide mental health services which are not listed.
- Only few I/NGO's have been cataloged in the list. There may be other I/NGO's working towards mental health promotion in Nepal besides the ones mentioned.